

HOW TO (NOT) ARGUE WHEN PRACTISING

Excerpts taken from a forum at www.DanceScape.com

Observation: on the dance floor couples that are married to each other squabble more often than couples that are strictly dance partners or in their early dating stage. Some married couples are so shameless and argue so loud that other people can hear.

Here are some quick tips from dancers at DanceScape:

- Get a different dance partner from one's husband or wife (yes, it does happen/work!)
- Create a '20 Minute' rule -- no complaints for the first 20 minutes of practice then only constructive criticism is allowed.
- Give positive comments and compliments. These are always appreciated and help achieve common goals.
- Monitor how you both phrase words -- try to avoid using words like 'you' and substitute with non-threatening words like 'it' or 'we'.
- Allow the other to get frustrated and realize what they might say is out of frustration, not something personal.